

Using the Five Elements of Mastery to Develop Ourselves as Supervisors



ANSE Summer Institute
Stavanger, Norway
2011

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People reveal themselves in
small, unrelated fragments; to
understand them we have to
step back so that the distance
permits us to discern larger
patterns and shapes.

Mandy Äftel



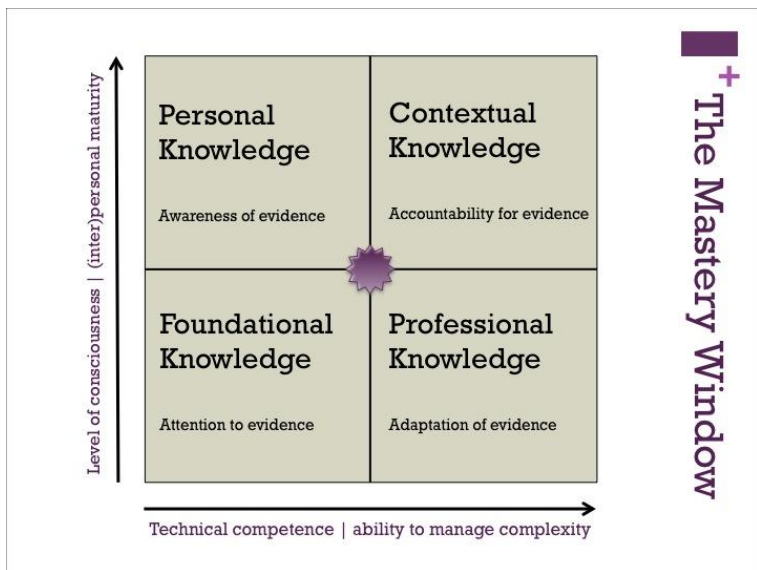
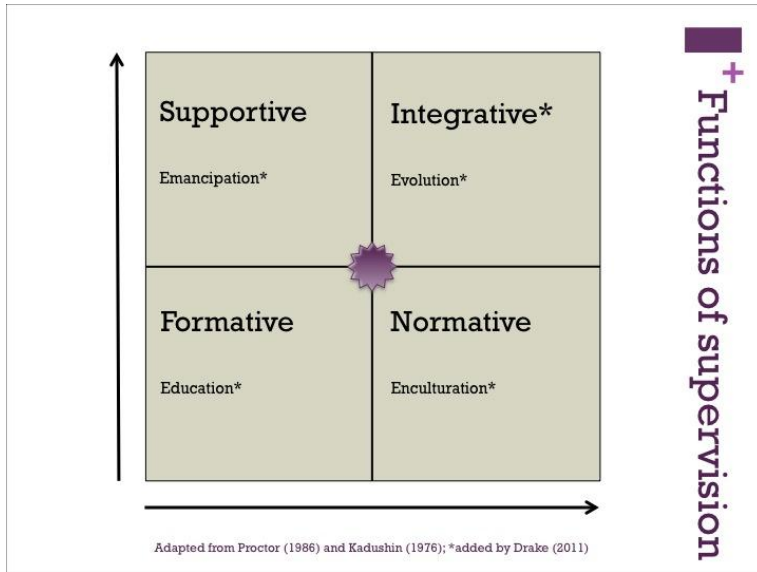
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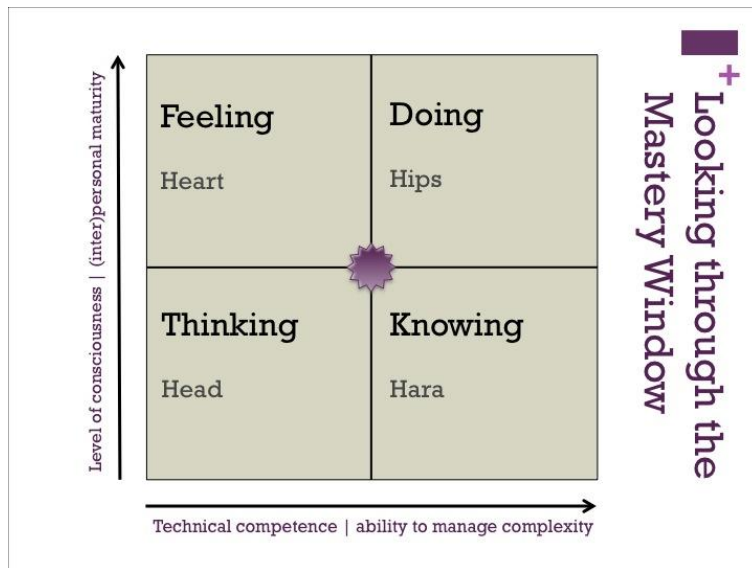


+ Who are the
best coaches?

+ Five needs I'm seeing now

- Personal and professional resilience
- Real-time development and recalibration
- Meaningful navigation of complexity
- Learning and narrative agility
- Specialised, accessible knowledge





+ **Work in pairs:**
Why were you here this week?

- Think | head
- Feel | heart
- Know | hara
- Do | hips

I was here to ...

What that means to me now is ...

If you have come to help me
you are wasting your time.

But if you have come because
your liberation is bound up
with mine, then let us work
together.

Aboriginal activist group

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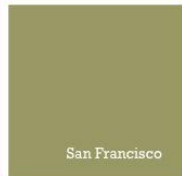


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What is your story?